

Talented professional with rehabilitation support experience in recovery centers seeks a Licensed Professional Counselor position offering stability, challenge, and advancement opportunities. Facilitates world-class peer support groups and superior personal care designed to promote a high quality of life for each patient. Seeking opportunities to showcase Leadership skills to facilitate positive transformational change within professional environments. Provides case management services and crisis intervention services to patients experiencing distress. Offers extensive experience as a Licensed Chemical Dependency Counselor. Developed and implemented successful programs for rehabilitation. Strong reputation for reliability, integrity, responsibility, and confidentiality. Superior evaluation and organizational ability. Recognized as a strong public speaker and speech writer. Outstanding ability to interface with diverse residents/patients and all levels of management and staff. Excellent written and verbal communication skills. Proficient in Microsoft Word, Excel, myAvatar NX, Welligent, and Anasazi.

EDUCATION

TEXAS LUTHERAN UNIVERSITY, Seguin, TX

Doctor of Education (Ed.D.) in Interdisciplinary Leadership in Progress | GPA 4.0

- Fall 2024 to Present

WAYLAND BAPTIST UNIVERSITY, Plainview, TX

2013 | 2009

Master of Arts in Counseling | GPA 3.9 (2013)

Bachelor of Science in Psychology | GPA 3.6 | Cum Laude | Psi Chi International Honor Society (2009)

- Dean's Honor Roll for Fall and Spring 2007-2008 Semesters.

FRANK PHILLIPS COLLEGE, Borger, TX

2007

Associate of Arts in Psychology | GPA 3.9 | Phi Theta Kappa International Honors Society

- Most Outstanding Student in Rhetoric and Composition I for the 2005-2006 Academic Year.
- Inducted as a Member of Who's Who among American Junior Colleges at Frank Phillips College in 2007.
- Most Outstanding Student in Psychology of Adjustment in 2007.

CLINICAL TRAINING

TRAVIS COUNTY COUNSELING AND EDUCATION SERVICES, Austin, TX

2013 – 2014

Licensed Chemical Dependency Counselor | Clinical Training

- Under the direct supervision of a Clinical Training Supervisor, Clinical Manager, and Clinical Coordinator, performed multiple assessments using CAGE and ASI (Alcohol Severity Index) criteria.
- Performed case management with some clients and referred clients to outside social services resources.
- Learned processes and procedures for recommending therapeutic interventions when applicable.

LICENSURE & CERTIFICATIONS

Licensed Chemical Dependency Counselor | TEXAS DEPARTMENT OF STATE HEALTH SERVICES #12514

Licensed Professional Counselor | TEXAS STATE BOARD OF EXAMINERS OF PROFESSIONAL COUNSELORS #75481

PROFESSIONAL ASSOCIATIONS

National Association for Alcoholism & Drug Abuse Counselors (NAADAC)

Texas Association of Addiction Professionals (TAAP)

Brain Injury Association of America (BIAA)

PROFESSIONAL EXPERIENCE

INTEGRAL CARE DBA AUSTIN, TRAVIS CO. MHMR, Austin, TX

2021 – Present

Licensed Professional Counselor

- Provide assessment, triage, and treatment to individuals with serious mental illness who may also experience co-occurring SUD and/or chronic health conditions using a recovery-based trauma-informed perspective.
- Work in partnership with racially and culturally diverse individuals to define their desired life outcomes
- Conduct diagnostic evaluations and provide assessments of strengths, preferences, functional impairments, and symptoms of psychiatric and co-occurring disorders to ensure optimal and personalized services.
- Deliver therapeutic evidence-based and best practice interventions including, but not limited to, skills training through psychosocial education strategies and providing individual and family services.
- Collaborate professionally with an interdisciplinary team and deliver crisis services linked to crisis resources.
- Use extensive knowledge of DSM criteria to evaluate clients quarterly to effectively communicate their clinical impressions and assess strengths and functional impairments.

PROFESSIONAL EXPERIENCE (CONTINUED)

- Remain adaptable to various services, environments, and rapidly evolving clinical circumstances while remaining prepared to interact with emergency medical, legal, and psychiatric service providers to ensure the safety of individuals, service providers, and Integral Care staff.

AUSTIN OAKS HOSPITAL, Austin, TX

2017 – Present

Licensed Professional Counselor

- Facilitate clinical group therapy sessions of adolescent patients in detox.
- Responsible for making sure clients have a safe and productive therapeutic experience.
- Responsible for documenting progress notes daily.
- Manage crisis situations while keeping safety a priority.

PROMISES BEHAVIORAL HEALTH DBA THE RIGHT STEP HILL COUNTRY, Wimberley, TX

2019 – 2021

Licensed Professional Counselor

- Facilitated Clinical Process, Chemical Dependency Education, and Relapse Prevention group therapy sessions.
- Conducted weekly individual and family therapy sessions.
- Developed treatment plans and program scheduling with weekly plan updates; facilitated a complete PHP Program.
- Discharged planning and discharge summaries.
- Fostered collateral contacts when necessary to facilitate the therapeutic relationship.
- Assisted in emergency situations, making client care a top priority.

TEXAS NEUROREHAB | TEXAS STAR RECOVERY, Austin, TX

2014 – 2019

Rehabilitation Technician/ Group Substance Abuse Counselor

- Facilitated clinical group therapy sessions for patients in detox and ensured that clients had a safe and productive therapeutic experience.
- Responsible for documenting progress notes daily.
- Responsible for distributing both Prescription and PRN medications to clients of the residential treatment facility.
- Responsible for keeping narcotics in the unit locked and accounted for at all times.
- Responsible for telephone, Internet, and radio communication with other Texas NeuroRehab staff.
- Conducted substance abuse-related recovery groups for clients.
- Assisted with all types of emergency situations.

PHOENIX HOUSE FDN. | AUSTIN ACADEMY | FOUNTAIN PARK | ROUND ROCK IOP, Austin, TX

2014 – 2019

PRN Substance Abuse Counselor

- Facilitated group counseling sessions using Emotional Cartography, Seeking Safety, Creative Expression, and other processing methods for clients to participate in the therapeutic experience.
- Assisted clients individually and in groups with concerns.
- Documented session activities and individual session results in the electronic medical health record database.
- Worked with other staff to conduct group session activities.
- Provided crisis intervention services to clients suffering distress.
- Worked with a clinical manager and a treatment team to ensure proper treatment approaches and methods were used with clients and their families.

BLUEBONNET TRAILS COMMUNITY SERVICES CENTER | SAN GABRIEL CRISIS CTR., Georgetown, TX

2012 – 2013

Certified Peer Specialist

- Responsible for conducting peer-related groups to assist in developing recovery skills with the client.
- Responsible for enhancing overall wellness and development of self-help skills.
- Assisted clients with building support networks with individuals.
- Assisted clients in developing their recovery process by teaching and supporting the development and utilization of skills needed to facilitate individual recovery.
- Shared personal recovery experience to develop trust and understanding with the clients.
- Actively provided outreach services to clients and made referrals to appropriate community resources.
- Responsible for consistent follow-up with clients and monitoring of progress.

References Available Upon Request